The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.myhnas.com">www.myhnas.com</a> or call 1-877-629-1500. For general definitions of common terms, such as <a href="mailto:allowed amount">allowed amount</a>, <a href="mailto:balance billing">balance billing</a>, <a href="mailto:coinsurance">coinsurance</a>, <a href="mailto:copayment">copayment</a>, <a href="mailto:deductible">deductible</a>, <a href="mailto:provider">provider</a>, or other <a href="mailto:underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="www.myhnas.com">www.myhnas.com</a> or call 1-877-629-1500 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For in- and out-of-network <u>providers</u> combined \$250/person and \$750/family. Deductible is waived at Enloe.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, preventive care, benefits subject to a co-pay, prescription drug expenses and hospice.	This <u>plan</u> covers some items and services even if you haven't met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical: For Tier I & Tier II <sup>1</sup> providers combined \$2,500/person and \$7,500/family. For Tier III providers No limit. <sup>2</sup> Rx: \$2,000/person and \$4,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.  1 Tier II services will only accumulate to the out-of-pocket limit when services are authorized and cannot be performed at Enloe or are for an emergency.  2 Tier III services will only accumulate to the Tier I/Tier II out-of-pocket limit when services are authorized and cannot be performed at a Tier I or Tier II facility or are for an emergency.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, penalties, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See <a href="https://www.blueshieldca.com/networkPPO">www.blueshieldca.com/networkPPO</a> or call 1-800-541-6652 for a list of <a href="https://network.providers">network</a> <a href="https://providers">providers</a> in CA; or 1-800-810-2583 outside of CA.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). You pay the least if you use a <u>provider</u> in Enloe. You pay more if you use a <u>provider</u> in the Blue Shield network. You will pay the most if you use an <u>out-of-network provider</u> , and you

		might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware that your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	A referral authorization is needed for Tier II and Tier III services.	A referral authorization will be needed prior to receiving any services at a non-Enloe facility. Please call the number as indicated on your identification card. <b>If authorization is not obtained, benefits will be denied.</b>



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Tier I - Enloe (You will pay the least)	Tier II - Blue Shield PPO Network Provider	Tier III - Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$25/visit. <u>Deductible</u> does not apply.	\$25/visit. <u>Deductible</u> does not apply.	20% coinsurance*	None
	Specialist visit	\$25/visit. <u>Deductible</u> does not apply.	\$25/visit. <u>Deductible</u> does not apply.	20% coinsurance*	None
If you visit a health care provider's office or clinic	Preventive care/screening/immunization	No charge. <u>Deductible</u> does not apply.	No charge. <u>Deductible</u> does not apply.	20% coinsurance*	Includes preventive services as mandated by ACA. You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for. Some preventive care is not available at Enloe.
	Telemedicine – through Teladoc	Not a hospital level service	\$10/visit. <u>Deductible</u> does not apply.	N/A	Applies to general physician and behavioral health telemedicine visits through the plan's designated vendor for such services. Telephone consultations with other physicians will be paid under the appropriate benefit category (e.g. primary care visit) for the service.

			What You Will Pay		
Common Medical Event	Services You May Need	Tier I - Enloe (You will pay the least)	Tier II - Blue Shield PPO Network Provider	Tier III - Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Outpatient Diagnostic test (x-ray, blood work)	No charge. <u>Deductible</u> does not apply.	Not covered	Not covered	Outpatient services are not covered outside of Enloe unless Enloe does not provide the service. Lab/cultures taken at Enloe may be sent to a non-Enloe
If you have a test	Outpatient Imaging (CT/PET scans, MRIs)	No charge. <u>Deductible</u> does not apply.	Not covered	Not covered	lab for processing. If this occurs, you may call the plan administrator to have those expenses paid at the Enloe benefit level.
	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	Coverage is only available outside of Enloe in the event of an emergency or for services that are not provided at Enloe.
If you have outpatient surgery	Physician/ surgeon fees	20% coinsurance*	20% coinsurance*	20% coinsurance*	None
	All other outpatient services & supplies	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	Coverage is only available outside of Enloe in the event of an emergency or for services that are not provided at Enloe.
	Emergency room care - Emergency	\$75/visit. <u>Deductible</u> does not apply.	\$75/visit. <u>Deductible</u> does not apply.	\$75/visit. <u>Deductible</u> does not apply.	Co-pay waived if admitted. The Tier III co-pay will accumulate to the Tier I/ Tier II out-of-pocket limit.
If you need immediate medical attention	Emergency room care – Non-emergency	\$75/visit. <u>Deductible</u> does not apply.	40% coinsurance*	40% <u>coinsurance</u> *	None
	Emergency room care – Physician services	20% coinsurance*	20% coinsurance*	20% coinsurance*	None
	Emergency medical transportation	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	20% coinsurance*	20% <u>coinsurance</u> *	None

				What You Will Pay		
Common Medical Event	Services You May Need	Tier I - Enloe (You will pay the least)	Tier II - Blue Shield PPO Network Provider	Tier III - Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		<u>Urgent care</u> – Office Visit	\$25/visit. <u>Deductible</u> does not apply.	\$25/visit. <u>Deductible</u> does not apply. (Only if outside Chico)	\$25/visit. (Only if outside Chico)	None
		Urgent care – Diagnostic Services	No charge. <u>Deductible</u> does not apply.	20% <u>coinsurance</u> . <u>Deductible</u> does not apply.	20% coinsurance*	Lab & radiology services obtained at a non-Enloe facility will only be covered if services are urgent in nature.
		<u>Urgent care</u> – Other Services	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	20% <u>coinsurance</u> . <u>Deductible</u> does not apply.	20% coinsurance*	Physician charges for reading x-rays at an urgent care center are covered at 20% coinsurance.
If you have a hospital	Facility fee (e.g., hospital room)	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	Precertification required.** Coverage is only available outside of Enloe in the event of an emergency or for services that are not provided at Enloe.	
	stay	Physician/ surgeon fees	20% coinsurance*	20% coinsurance*	20% coinsurance*	None

Common Medical Event	Services You May Need	Tier I - Enloe (You will pay the least)	What You Will Pay Tier II - Blue Shield PPO Network Provider	Tier III - Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Outpatient services – Office Visit	Not a hospital level service	\$25/visit. <u>Deductible</u> does not apply.	20% coinsurance*	
If you need mental health, behavioral	Outpatient services – All other services including partial hospitalization	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	20% coinsurance	20% coinsurance	None
health, or substance abuse services	Inpatient services  – Mental Health	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	20% coinsurance	20% coinsurance	Precertification required.** Certain behavioral health services are not covered. Coverage is only available outside of Enloe in the event of an
	Inpatient services  – Substance Use Disorders	Not a hospital level service	20% coinsurance	20% coinsurance	emergency or for services that are not provided at Enloe. Substance Use Disorders treatment is not available at Enloe.
	Office visits	Not a hospital level service	\$25/visit. <u>Deductible</u> does not apply.	20% coinsurance*	Cost-sharing does not apply for innetwork routine prenatal services that are considered preventive care.
If you are pregnant	Childbirth/delivery physician/midwife services	20% coinsurance*	20% coinsurance*	20% coinsurance*	Depending on the type of services, coinsurance may apply. Maternity care may include tests & services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery facility services	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	For inpatient care, coverage is only available outside of Enloe in the event of an emergency or for services that are not provided at Enloe.
If you need help recovering or have other special health needs	Home health care	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	Precertification required.** Limited to 100 visits/year.
	Rehabilitation services	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	Includes physical, speech, occupational, and other rehabilitative therapies.

			What You Will Pay		
Common Medical Event	Services You May Need	Tier I - Enloe (You will pay the least)	Tier II - Blue Shield PPO Network Provider	Tier III - Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Habilitation services	Not covered	Not covered	Not covered	None
	Skilled nursing care	Not a hospital level service	20% coinsurance*	20% coinsurance*	Precertification required.**
	Durable medical equipment	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	None
	Hospice services - Inpatient	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	Precertification required.**
	Hospice services - Outpatient	10% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered	Not covered	None
If your child needs dental or eye care	Children's eye exam	Not a hospital level service	No charge. <u>Deductible</u> does not apply.	20% coinsurance*	Eye refraction is not covered (preventive exam only).
	Children's glasses	Not covered	Not covered	Not covered	Refer to VSP.
	Children's dental check-up	Not covered	Not covered	Not covered	Refer to Delta Dental.

<sup>\*</sup> Deductible applies.

Please note: A referral authorization will be needed prior to receiving any services at a non-Enloe facility. Please call the number as indicated on your identification card. If authorization is not obtained, benefits will be denied.

<sup>\*\*</sup> Precertification is required before certain medical services. Emergency admissions must be certified within 48 hours following the admission. To precertify services, call the phone number indicated on your ID card. **Failure to precertify will result in a \$500 penalty.** 

			What You Will Pay		
Common Medical Event	Services You May Need	Enloe Retail Pharmacy (30-90 day supply)	MedImpact Retail Pharmacy (30 day supply)	MedImpact Mail Order Pharmacy (Up to 90-day supply)	Limitations, Exceptions, & Other Important Information
	Individual Out-Of- Pocket Limit	\$2,000			Includes prescription drug co-pays. The out-of-pocket limit is the most you could pay during a benefit year for your share of the cost of covered expenses.
If you need drugs to treat your illness or	Family Out-Of- Pocket Limit	\$4,000			When an individual or family reaches the annual limit, the Plan pays 100% of additional covered expenses for the rest of the benefit year. Balance-billed charges and penalties do not apply to the out-of-pocket amount.
condition  More information about prescription drug coverage is available at www.medimpact.com	Generic drugs	\$10/prescription per 30-day supply.  Deductible does not apply.	\$15/prescription. <u>Deductible</u> does not apply.	Not covered	Certain medications considered
	Preferred brand drugs	\$25/prescription per 30-day supply.  Deductible does not apply.	\$25/prescription. <u>Deductible</u> does not apply.	Not covered	preventive care under ACA are payable at no cost-share to the member.
	Non-preferred brand drugs	Not covered, unless pre-authorized. The formulary co-pay applies if approved.	Not covered, unless pre-authorized. The formulary co-pay applies if approved.	Not covered	MedImpact pharmacies are covered only when Enloe pharmacies are closed or for urgent non-maintenance fills.
	Specialty drugs	Not covered	Not covered	Not covered	

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Chiropractic are
- Cosmetic surgery
- Dental care (adult)
- Habilitation services

- Infertility treatment
- Long-term care
  - Non-emergency care when traveling outside the U.S.
  - Private duty nursing

- Routine eye care (adult)
- Routine eye refractions (children)
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery, limited to morbid obesity
- Hearing aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: HealthNow Administrative Services, 1-877-629-1500, <a href="www.myhnas.com">www.myhnas.com</a>; Department of Labor/Employee Benefits Security Administration, 1-866-444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: HealthNow Administrative Services, 1-877-629-1500, <u>www.myhnas.com</u>; Department of Labor/Employee Benefits Security Administration, 1-866-444-EBSA (3272), <u>www.dol.gov/ebsa/healthreform</u>.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-629-1500.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-629-1500.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-877-629-1500.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-629-1500.

———————————To see examples of how this plan might cover costs for a sample medical situation, see the next section.——

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$25
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example Peg would nave

Total Example Cost	\$12,700

Cost Sharing	
Deductibles	\$250
Copayments	\$10
Coinsurance	\$1320
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$1640

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ Specialist copayment	\$25
Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

## In this example, Joe would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$760	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$780	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing		
\$0		
\$130		
\$130		
What isn't covered		
\$0		
\$260		